

BRUNCH | SAT & SUN: 10:30AM - 3PM

honey SALT
FOOD AND DRINK

FROM OUR KITCHEN WITH CARE

Elizabeth & Kim

Break the Fast

MONKEY BREAD "FOR THE TABLE"	14
brioche & honey bourbon sauce	
FRUIT PLATE (GF)(VG)(DF)	14
berries, melon, apple, banana & citrus	
HONEY SALT BREAKFAST (DF)	26
eggs any style, bacon, pork or chicken sausage, toast & potatoes	
EGGS BENEDICT	25
smoked bacon, spinach, soft poached egg, hollandaise sauce	
ROASTED MUSHROOM BENEDICT (V)	21
myca farms mushrooms, spinach, soft poached eggs, hollandaise sauce	
BILOXI FRIED CHICKEN BENEDICT	26
buttermilk marinade, durkees slaw, soft poached egg, hollandaise sauce	

Our Favourites

BC SMOKED SALMON BOARD	24
sliced & potted smoked salmon, solly's bagel, tomato, red onion, cream cheese, capers & egg	
CHICKEN & WAFFLES (CN)	24
buttermilk fried chicken, pecan praline, whipped honey butter, maple syrup	
BREAKFAST GALETTE	23
scrambled eggs, honey ham, spinach, mushrooms, gruyère cheese	
AVOCADO TOAST (V)(DF)	26
sourdough, roasted gem tomato, serrano chillies, tomato jam, poached eggs, real good green juice	
EGG WHITE FRITTATA (GF)	21
tomato, roasted mushrooms, spinach, goat cheese feta	



It's a Brunch Thing



GRILLED CHICKEN SHAWARMA (DF)	25	BIG SKY BOWL	29
za'atar spice, hummus, cucumber tomato salad, pita bread		fried chicken, egg, pork sausage, tomato jam, rosemary biscuit, pepper sausage gravy	
BURRATA SALAD (V) (CN) (GF)	22	BILOXI BUTTERMILK FRIED CHICKEN SANDWICH	23
fresh & roasted strawberries, toasted pistachios, endive, frisee, aged balsamic dressing		rosemary biscuit, creamy slaw, durkee's dressing, nice little salad	
*POKE BOWL (GF) (DF)	24	BACKYARD BURGER	25
bc albacore tuna, mango, avocado, cucumber, black rice, wakame seaweed, pickled radish, roasted sesame seed, cilantro miso dressing		aged cheddar, bacon, tomato jam, L.T.O., french fries	
FISH & CHIPS (GF) (DF)	27	<i>substitute to our garden patty (V)</i>	
haida gwaii rockfish, durkee's slaw, tartar sauce		<i>add egg +2</i>	
RESERVE ANGUS STEAK & EGGS (GF) (DF)	33		
5oz striploin, fried eggs, crispy potatoes, tomato jam			

HONEY SALT MARKET 24

LOCAL SEASONAL PRODUCE | (V)(GF)
cucumber, red endive, carrots, asparagus, radishes, crispy kale, sweet potato chips, house made pickles, guacamole, tzatziki, hummus

Sweeter Things

BUTTERMILK PANCAKES (V) 20	SWEET POTATO PANCAKES (GF) (CN) (V) 22	DUTCH BABY PANCAKES 21
seasonal fruit, quebec maple syrup	crushed pecans, banana, whipped cream	strawberry rhubarb compote, vanilla whipped mascarpone cheese, bourbon caramel
BLUEBERRY PANCAKES (V) 21	CRÈME BRÛLÉE FRENCH TOAST (V) 21	
mixed berries compote, candied lemon zest, quebec maple syrup	brown sugar brioche, vanilla curd, fresh berries	

Sides

CROISSANT 5	PORK SAUSAGE 9
PAIN AU CHOCOLAT 6	CHICKEN SAUSAGE 9
CRUSHED AVOCADO 6	SOLLY'S BAGEL 6
BREAKFAST POTATOES 7	butter & cream cheese
SMOKED BACON 8	TOAST 6
	butter & jam

(GF)=GLUTEN FREE (DF)=DAIRY FREE (CN)=CONTAINS NUTS (V)=VEGETARIAN (VG)=VEGAN

*consuming raw or undercooked meats, poultry, shellfish, or eggs may increase your risk of foodborne illness