

BRUNCH

SAT & SUN: 10:30AM - 3PM

honey SALT
FOOD AND DRINK

FROM OUR KITCHEN WITH CARE,

Elizabeth & Kim

BREAK THE FAST

- MONKEY BREAD** *"for the table"* 14
brioche & honey bourbon sauce
- FRUIT PLATE** (GF)(VG)(DF) 14
berries, melon, apple, banana & citrus
- HONEY SALT BREAKFAST** (DF) 25
eggs any style, toast, potatoes,
choice of bacon, pork, or turkey sausage
- EGGS BENEDICT** 24
smoked bacon, spinach,
soft poached egg, hollandaise
- ROASTED MUSHROOM BENEDICT** (V) 21
myca farms mushrooms, spinach,
soft poached eggs, hollandaise
- BILOXI FRIED CHICKEN BENEDICT** 26
buttermilk marinade, durkees slaw,
soft poached egg, hollandaise sauce

OUR FAVOURITES

- BC SMOKED SALMON BOARD** 23
sliced & potted smoked salmon,
solly's bagel, tomato, red onion,
cream cheese, capers & egg
- CHICKEN & WAFFLES** (CN) 24
buttermilk fried chicken, pecan praline,
whipped honey butter, maple syrup
- BREAKFAST GALETTE** 22
scrambled eggs, honey ham,
spinach, mushrooms, gruyère cheese
- AVOCADO TOAST** (V)(DF) 26
sourdough, roasted gem tomato,
serrano chillies, tomato jam, poached eggs,
real good green juice
- EGG WHITE FRITTATA** (GF) 21
tomato, roasted mushrooms, spinach,
goat cheese feta

SWEETER THINGS

- DUTCH BABY PANCAKES** 21
roasted apples, cinnamon whipped
mascarpone cheese, bourbon caramel
- BUTTERMILK PANCAKES** (V) 19
seasonal fruit, quebec maple syrup
- SWEET POTATO PANCAKES** 21
(GF) (CN) (V)
crushed pecan, banana, whipped cream
- BLUEBERRY PANCAKES** (V) 20
berries compote, candied lemon zest,
quebec maple syrup
- CRÈME BRÛLÉE**
FRENCH TOAST (V) 21
brown sugar brioche,
vanilla curd, fresh berries



SIDES

- CROISSANT** 5
- PAIN AU CHOCOLAT** 6
- CRUSHED AVOCADO** 6
- BREAKFAST POTATOES** 6
- SMOKED BACON** 8
- PORK SAUSAGE** 9
- TURKEY SAUSAGE** 9
- SOLLY'S BAGEL** 5
- BUTTER & CREAM CHEESE**
- TOAST** 5
- BUTTER & JAM**

HONEY SALT MARKET 23

LOCAL SEASONAL PRODUCE | (V)(GF)

cucumber, red endive, carrots,
asparagus, radishes, crispy kale,
sweet potato chips, house made pickles,
guacamole, tzatziki, hummus

IT'S A BRUNCH THING

- GRILLED CHICKEN SHAWARMA** (DF) 23
za'atar spice, hummus,
cucumber tomato salad, pita bread
- BURRATA SALAD** (V)(CN)(GF) 21
endive, frisee, golden currents, pink lady apples,
shaved celery, sherry dressing
- *POKE BOWL** (GF)(DF) 24
bc albacore tuna, mango, avocado, cucumber, black
rice, wakame seaweed, pickled radish,
roasted sesame seed. cilantro miso dressing
- FISH & CHIPS** (GF)(DF) 23
haida gwaii rockfish, durkee's slaw,
tartar sauce
- RESERVE ANGUS STEAK & EGGS** (GF)(DF) 30
5oz striploin, fried eggs, crispy potatoes,
tomato jam
- BIG SKY BOWL** 29
fried chicken, egg, pork sausage, tomato jam,
rosemary biscuit, pepper sausage gravy
- BILOXI BUTTERMILK
FRIED CHICKEN SANDWICH** 21
rosemary biscuit, creamy slaw,
durkee's dressing, nice little salad
- BACKYARD BRUNCH BURGER** 25
substitute to our garden burger (V)
bacon, fried egg, tomato jam,
lettuce, tomato, onion, french fries

(GF)=GLUTEN FREE (DF)=DAIRY FREE (CN)=CONTAINS NUTS (V)=VEGETARIAN (VG)=VEGAN
*consuming raw or undercooked meats, poultry, shellfish, or eggs may increase your risk of foodborne illness