

BRUNCH | SAT & SUN: 10:30AM - 3PM

honey SALT
FOOD AND DRINK

FROM OUR KITCHEN WITH CARE

Elizabeth & Kim

Break the Fast

MONKEY BREAD "FOR THE TABLE"	14
brioche & honey bourbon sauce	
FRUIT PLATE (GF)(VG)(DF)	14
berries, melon, apple, banana & citrus	
HONEY SALT BREAKFAST (DF)	26
eggs any style, bacon, pork or chicken sausage, toast & potatoes	
EGGS BENEDICT	25
smoked bacon, spinach, soft poached egg, hollandaise sauce	
ROASTED MUSHROOM BENEDICT (V)	21
myca farms mushrooms, spinach, soft poached eggs, hollandaise sauce	
BILOXI FRIED CHICKEN BENEDICT	26
buttermilk marinade, durkees slaw, soft poached egg, hollandaise sauce	

Our Favourites

BC SMOKED SALMON BOARD	24
sliced & potted smoked salmon, solly's bagel, tomato, red onion, cream cheese, capers & egg	
CHICKEN & WAFFLES (CN)	24
buttermilk fried chicken, pecan praline, whipped honey butter, maple syrup	
AVOCADO TOAST (V)(DF)	26
sourdough, roasted gem tomato, serrano chillies, tomato jam, poached eggs, real good green juice	
EGG WHITE FRITTATA (GF)	21
tomato, roasted mushrooms, spinach, goat cheese feta	



It's a Brunch Thing



BURRATA & HEIRLOOM TOMATO SALAD (GF) (V) (CN)	22	BILOXI BUTTERMILK FRIED CHICKEN SANDWICH	23
pine nuts, arugula, pickled red onion, basil pesto & aged balsamic dressing		brioche bun, creamy slaw, durkee's dressing, nice little salad	
*POKE BOWL (GF) (DF)	24	BACKYARD BURGER	25
bc albacore tuna, mango, avocado, cucumber, black rice, wakame seaweed, pickled radish, roasted sesame seed, cilantro miso dressing		aged cheddar, bacon, tomato jam, L.T.O., french fries <i>substitute to our garden patty (V) add egg +2</i>	
FISH & CHIPS (GF) (DF)	27	RESERVE ANGUS STEAK & EGGS (GF) (DF)	33
haida gwaii rockfish, durkee's slaw, tartar sauce		5oz striploin, fried eggs, crispy potatoes, tomato jam	
GRILLED CHICKEN SHAWARMA (DF)	25		
za'atar spice, hummus, cucumber tomato salad, pita bread			

HONEY SALT MARKET 24

LOCAL SEASONAL PRODUCE | (V)(GF)
cucumber, red endive, carrots, asparagus, radishes, crispy kale, sweet potato chips, house made pickles, guacamole, tzatziki, hummus

Sweeter Things

BUTTERMILK PANCAKES (V)	20	SWEET POTATO PANCAKES (GF) (CN) (V)	22	DUTCH BABY PANCAKES	21
seasonal fruit, quebec maple syrup		crushed pecans, banana, whipped cream		strawberry rhubarb compote, vanilla whipped mascarpone cheese, bourbon caramel	
BLUEBERRY PANCAKES (V)	20	CRÈME BRÛLÉE FRENCH TOAST (V)	21		
mixed berries compote, candied lemon zest, quebec maple syrup		brown sugar brioche, vanilla curd, fresh berries			

Sides

CROISSANT	5	PORK SAUSAGE	9
PAIN AU CHOCOLAT	6	CHICKEN SAUSAGE	9
CRUSHED AVOCADO	6	SOLLY'S BAGEL	6
BREAKFAST POTATOES	7	butter & cream cheese	
SMOKED BACON	8	TOAST	6
		butter & jam	

(GF)=GLUTEN FREE (DF)=DAIRY FREE (CN)=CONTAINS NUTS (V)=VEGETARIAN (VG)=VEGAN

*consuming raw or undercooked meats, poultry, shellfish, or eggs may increase your risk of foodborne illness