

BRUNCH | SAT & SUN: 10:30AM - 3PM

honey SALT
FOOD AND DRINK

FROM OUR KITCHEN WITH CARE

Elizabeth & Kim

Break the Fast

MONKEY BREAD "FOR THE TABLE" brioche & honey bourbon sauce	14
FRUIT PLATE (GF)(VG)(DF) berries, melon, apple, banana & citrus	14
HONEY SALT BREAKFAST (DF) eggs any style, bacon, pork or chicken sausage, toast & potatoes	26
EGGS BENEDICT smoked bacon, spinach, soft poached egg, hollandaise sauce	25
ROASTED MUSHROOM BENEDICT (V) myca farms mushrooms, spinach, soft poached eggs, hollandaise sauce	21
BILOXI FRIED CHICKEN BENEDICT buttermilk marinade, durkees slaw, soft poached egg, hollandaise sauce	26

Our Favourites

BC SMOKED SALMON BOARD sliced & potted smoked salmon, solly's bagel, tomato, red onion, cream cheese, capers & egg	24
CHICKEN & WAFFLES (CN) buttermilk fried chicken, pecan praline, whipped honey butter, maple syrup	24
AVOCADO TOAST (V)(DF) sourdough, roasted gem tomato, serrano chillies, tomato jam, poached eggs, real good green juice	26
EGG WHITE FRITTATA (GF) tomato, roasted mushrooms, spinach, goat cheese feta	21
SAVOURY DUTCH BABY PANCAKES roasted mushrooms, poached egg, spinach, riccota cheese	21

Sweeter Things

BUTTERMILK PANCAKES (V) seasonal fruit, quebec maple syrup	20	SWEET POTATO PANCAKES (GF) (CN) (V) crushed pecans, banana, whipped cream	22
BLUEBERRY PANCAKES (V) mixed berries compote, candied lemon zest, quebec maple syrup	20	CRÈME BRÛLÉE FRENCH TOAST (V) brown sugar brioche, vanilla curd, fresh berries	21



It's a Brunch Thing

PROSCIUTTO & BURRATA (GF) pomegranate, red endive, gala apples, roasted garlic & sherry vinaigrette	22
*POKE BOWL (GF) (DF) bc albacore tuna, mango, avocado, cucumber, black rice, wakame seaweed, pickled radish, roasted sesame seed, cilantro miso dressing	24
FISH & CHIPS (GF) (DF) haida gwaii rockfish, durkee's slaw, tartar sauce	27
GRILLED CHICKEN SHAWARMA (DF) za'atar spice, hummus, cucumber tomato salad, pita bread	25

BILOXI BUTTERMILK FRIED CHICKEN SANDWICH brioche bun, creamy slaw, durkee's dressing, nice little salad	23
BACKYARD BURGER aged cheddar, bacon, tomato jam, L.T.O., french fries substitute to our garden patty (V) add egg +2	25
RESERVE ANGUS STEAK & EGGS (GF) (DF) 5oz striploin, fried eggs, crispy potatoes, tomato jam	33

HONEY SALT MARKET 24

LOCAL SEASONAL PRODUCE (V) (GF)

crispy mushrooms, roasted beets &
heirloom carrots, cucumber, red endive,
radishes, sweet potato chips,
house made pickles, guacamole,
tzatziki, hummus

Sides

CROISSANT 5	PORK SAUSAGE 9
PAIN AU CHOCOLAT 6	CHICKEN SAUSAGE 9
CRUSHED AVOCADO 6	SOLLY'S BAGEL 6 butter & cream cheese
BREAKFAST POTATOES 7	TOAST 6 butter & jam
SMOKED BACON 8	

(GF)=GLUTEN FREE (DF)=DAIRY FREE (CN)=CONTAINS NUTS (V)=VEGETARIAN (VG)=VEGAN

*consuming raw or undercooked meats, poultry, shellfish, or eggs may increase your risk of foodborne illness